Korean Terminology

Counting

one hah nah

two doul

three set

four net

five da-sote

six yo-sote

seven ill-gope

eight yeo-doul

nine ah-hope

ten yeol

Ordinals

first il

second ee

third sahm

fourth sah

fifth oh

sixth yuk

seventh chil

eighth pahl

ninth goo

tenth ship

Basics

master instructor sah boo nim

black belt yu dan cha

student hak saeng

school do jang

uniform do boak

line up jong lee

attention cha reeut

bow kyung ay

ready stance june be

begin shee jak

end bah roh

rest shi-o

bow to the master sah boon nim kay kyung nay

salute the flag gook ghee ay dae hah yo kyung nay

thank you gham sah haam nee da

class dismissed hai san

Kicking

font kick ahp cha ghee

roundhouse kick doal leu cha ghee

side kick yup cha ghee

back kick dweet cha ghee

axe kick naeryeo cha ghee

hook kick ahp hoo ree ghee

spin kick dweet hoo ree ghee

turn around kick doal ah cha ghee

sliding forward kick bu chyo cha ghee

double kick tah dahk

Stances

stance saw ghee

horse stance joo choom saw ghee

front stance ahp goo saw ghee

back stance dweet goo bee saw ghee

walking stance ahp saw ghee

twist stance goh ah saw ghee

mountain stance sahn tul saw ghee

dragon stance young saw ghee

cat stance go yang ee saw ghee

kicking stance bahl cha ghee june be

crane stance hahk da ri saw ghee