

POWELL'S TAE KWON DO CENTER

TAE KWON DO PROGRAM STUDENT PROMOTION REQUIREMENTS

REQS TO	BELT COLOR	MINIMUM TIME MONTHS/CLASSES	FORM REQUIRED (POOMSE)	ONE-STEP TECHNIQUES	HAPKIDO CURRICULUM
10th GUP	WHITE	N/A	N/A	N/A	N/A
9th GUP	YELLOW	1/20	Kibon 1	N/A	Releases, 1-5
8th GUP	SR YELLOW	1/20	Palgue 1	1-5	Releases, 1-5
7th GUP	GREEN	3/36	Palgue 1-2	1-5	Single sides, 1-5
6th GUP	SR GREEN	4/48	Palgue 1-3	1-10	Single sides, 1-5
5th GUP	BLUE	4/48	Palgue 1-4	1-10	Cross Wrist Grabs, 1-5
4th GUP	SR BLUE	4/48	Palgue 1-5	1-15	Cross Wrist Grabs, 1-5
3rd GUP	RED	4/48	Palgue 1-6	1-15	Defense against a punch, 1-10
2nd GUP	SR RED	6/72	Palgue 1-7	1-20	Defense against a punch, 1-10
1st GUP	ADV RED	6/72	Palgue 1-8	1-20	Two hands grab two hands, 1-10
1st DAN	BLACK BELT (1ST DEGREE)	6 to 12 months Master's Discretion	Palgue 1-8 Koryo, Chung-Moo	1-20, 5 self defense, 5 knife techniques	Master's Discretion
2nd DAN	BLACK BELT (2ND DEGREE)	2 years minimum Master's Discretion	Kuem-Kang, Kwan-Gae, Po-Eun, Gae-Baek	Assist in 20 classes	Master's Discretion
3rd DAN	BLACK BELT (3RD DEGREE)	3 years minimum Master's Discretion	Tae-Baek, Eui-Am, Choon-Jang, Sam-Il	1st Dan in Hapkido	Master's Discretion
4th DAN	BLACK BELT (4TH DEGREE)	4 years minimum Master's Discretion	Yoo-Sin, Choi-Young, Yon-Gae	Master's Discretion	Master's Discretion
5th DAN	BLACK BELT (5TH DEGREE)	5 years minimum Master's Discretion	Ui-Ji, Moon-Moo, So-San	Master's Discretion	Master's Discretion
6th DAN	BLACK BELT (6TH DEGREE)	6 years minimum Master's Discretion	Se-Jong, Tong-Il	Master's Discretion	Master's Discretion

THIS TABLE SHOWS THE REQUIREMENTS FOR SUCCESSFUL PROMOTION IN TAE KWON DO.

TO DETERMINE YOUR REQUIREMENTS, FIND THE RANK TO WHICH YOU WILL TEST AND READ ALONG THAT LINE.

IN ADDITION TO THE CURRICULUM LISTED ABOVE, YOU WILL ALSO BE REQUIRED TO KNOW ADDITIONAL ITEMS, SUCH AS KOREAN TERMINOLOGY, NAMES OF VARIOUS TECHNIQUES AND HOW TO EXECUTE THEM PROPERLY, GENERAL HISTORY ABOUT TAE KWON DO, AND INFORMATION ABOUT THE SCHOOL.